

Name: \_\_\_\_\_ Birth date: \_\_\_\_\_ Age: \_\_\_\_\_  
(First) (Initial) (Last) (Day/Month/Year)

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Diving is an exciting and demanding activity. When performed correctly, applying correct techniques, it is relatively safe. When established safety procedures are not followed, however, there are increased risks. To scuba dive safely, you should not be extremely overweight or out of condition. Diving can be strenuous under certain conditions, your respiratory or circulatory systems must be in good health. All body air spaces must be normal and healthy. A person with coronary disease, a current cold or congestion, epilepsy, a severe medical problem or who is under the influence of alcohol or drugs should not dive. If you have asthma, heart disease, other chronic medical conditions or you are taking medications on a regular basis, you must consult your doctor before participating in diving and follow your condition on regularly. You will be briefed by the instructor of the importance of safety rules regarding breathing and equalization while scuba diving. Improper use of scuba equipment can result in serious injury. Please read carefully before signing. If you have any questions regarding this Medical Statement or the Medical Questionnaire section, review them with your instructor before signing. The purpose of this medical statement is to find out if you should be examined by a doctor before participating in recreational diving. If you do have one of the medical conditions listed below, this does not necessarily mean you can not dive but that there is a preexisting condition which could affect your safety and you must seek the advice of a physician before engaging in any dive activities. Please answer the questions on your past or present medical history with a **YES** or **NO**. If you are not sure, answer YES. If any of below apply to you, we must request that you consult with a physician prior to participating in scuba diving.

	YES	NO		YES	NO
Pregnant, or attempting to become pregnant	<input type="checkbox"/>	<input type="checkbox"/>	Frequent or severe suffering from motion sickness (seasick, carsick, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>
Are you presently taking prescription medications? (with the exception of birth control or anti-malaria)	<input type="checkbox"/>	<input type="checkbox"/>	Dysentery or dehydration requiring medical intervention?	<input type="checkbox"/>	<input type="checkbox"/>
Are you over 45 years of age <b>and</b> can answer YES to one or more of the following:			Any dive accidents or decompression sickness?	<input type="checkbox"/>	<input type="checkbox"/>
• currently smoke a pipe, cigars or cigarettes	<input type="checkbox"/>	<input type="checkbox"/>	Inability to perform moderate exercise (example: walk 1.6 km/one mile within 12 mins.)?	<input type="checkbox"/>	<input type="checkbox"/>
• have a high cholesterol level	<input type="checkbox"/>	<input type="checkbox"/>	Head injury with loss of consciousness in the past five years?	<input type="checkbox"/>	<input type="checkbox"/>
• have a family history of heart attack or stroke	<input type="checkbox"/>	<input type="checkbox"/>	Recurrent back problems?	<input type="checkbox"/>	<input type="checkbox"/>
• are currently receiving medical care	<input type="checkbox"/>	<input type="checkbox"/>	Back or spinal surgery?	<input type="checkbox"/>	<input type="checkbox"/>
• high blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	Diabetes?	<input type="checkbox"/>	<input type="checkbox"/>
• diabetes mellitus, even if controlled by diet alone	<input type="checkbox"/>	<input type="checkbox"/>	Back, arm or leg problems following surgery, injury or fracture?	<input type="checkbox"/>	<input type="checkbox"/>
<b>Have you ever had or do you currently have:</b>			High blood pressure or take medicine to control blood pressure?	<input type="checkbox"/>	<input type="checkbox"/>
Asthma, or wheezing with breathing, or wheezing with exercise	<input type="checkbox"/>	<input type="checkbox"/>	Heart disease?	<input type="checkbox"/>	<input type="checkbox"/>
Frequent or severe attacks of hayfever or allergy?	<input type="checkbox"/>	<input type="checkbox"/>	Heart attack?	<input type="checkbox"/>	<input type="checkbox"/>
Frequent colds, sinusitis or bronchitis?	<input type="checkbox"/>	<input type="checkbox"/>	Angina, heart surgery or blood vessel surgery? Sinus surgery?	<input type="checkbox"/>	<input type="checkbox"/>
Any form of lung disease?	<input type="checkbox"/>	<input type="checkbox"/>	Ear disease or surgery, hearing loss or problems with balance?	<input type="checkbox"/>	<input type="checkbox"/>
Pneumothorax (collapsed lung)?	<input type="checkbox"/>	<input type="checkbox"/>	Recurrent ear problems?	<input type="checkbox"/>	<input type="checkbox"/>
Other chest disease or chest surgery?	<input type="checkbox"/>	<input type="checkbox"/>	Bleeding or other blood disorders?	<input type="checkbox"/>	<input type="checkbox"/>
Behavioral health, mental or psychological problems (Panic attack, fear of closed or open spaces)?	<input type="checkbox"/>	<input type="checkbox"/>	Hernia?	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy, seizures, convulsions or take medications to prevent them?	<input type="checkbox"/>	<input type="checkbox"/>	Ulcers or ulcer surgery?	<input type="checkbox"/>	<input type="checkbox"/>
Recurring complicated migraine headaches or take medications to prevent them?	<input type="checkbox"/>	<input type="checkbox"/>	A colostomy or ileostomy?	<input type="checkbox"/>	<input type="checkbox"/>
Blackouts or fainting (full/partial loss of consciousness)?	<input type="checkbox"/>	<input type="checkbox"/>	Recreational drug use or treatment for, or alcoholism in the past five years?	<input type="checkbox"/>	<input type="checkbox"/>

**Valid Diving Insurance : Company Name & Policy number:** \_\_\_\_\_

I, \_\_\_\_\_ hereby confirm that the information I have provided about my medical history is accurate to the best of my knowledge. I agree to accept responsibility for omissions regarding my failure to disclose any existing or past health condition.

\_\_\_\_\_  
(Signature) (Date) (Signature of Parent or Guardian) (Date)

**\*\*\* Please fill in the emergency contact information \*\*\***

Contact Person: \_\_\_\_\_ Your relationship with this person: \_\_\_\_\_  
(Relative: father..., friend)

Phone number: \_\_\_\_\_ Email: \_\_\_\_\_